

**august**  
woman

A YEAR TO  
REMEMBER



**Marion Cotillard**

LAURENTIA TAN / CHRISTMAS GOODS / THE PROENZA BOYS / TOM FORD / THE BEAUTY LUXE LIST



## GO DEEP

**3DEEP FIRING AND CONTOURING FACIAL**  
PORCELAIN, THE FACE SPA, 15 CANTONMENT  
ROAD, TEL. 6227 9692

The word "loose" is rarely used in a positive way, especially when it comes to describing body parts. Hence, when the therapist at Porcelain, The Face Spa described the skin on my face as "quite loose," I was nonplussed to say the least. It was just as well that I was about to undergo the spa's 3Deep Firming and Contouring facial, which harnesses radiofrequency (RF) technology to tighten and firm up skin for a more youthful appearance.

RF is an advanced technology that safely heats the skin causing both the growth of new collagen and the strengthening of existing collagen. The treatment is non-invasive and can

be used to treat the face, jowls and neck areas.

The heat applied is gentle and doesn't go above 40°C, similar to the temperature of a hot shower, and constantly monitored to ensure that you're always comfortable. Personally, it was so relaxing that I found myself dozing off halfway through the session. Best of all, there is no down time and I returned to the office straight after with no one being the wiser.

To illustrate the immediate effects, my therapist performed the treatment on one side of my face first, so a comparison could be done with the untreated side. Although it wasn't a dramatic difference, the treated skin did seem firmer and more lifted. Weeks later, I scrutinised myself in the mirror and concluded that I did look visibly younger even if the effect was quite subtle.

[www.porcelainfacespa.com](http://www.porcelainfacespa.com)